

Education for farmers, by farmers





Food Systems

WASHINGTON STATE UNIVERSITY









WSU Food Systems Program and Tilth Alliance have been collaboratively presenting the Farm Walk Series for over 18 years! These farmer-to-farmer or processor-to-processor educational events are hosted by organic, sustainable, and innovative farm and food businesses throughout Washington State.



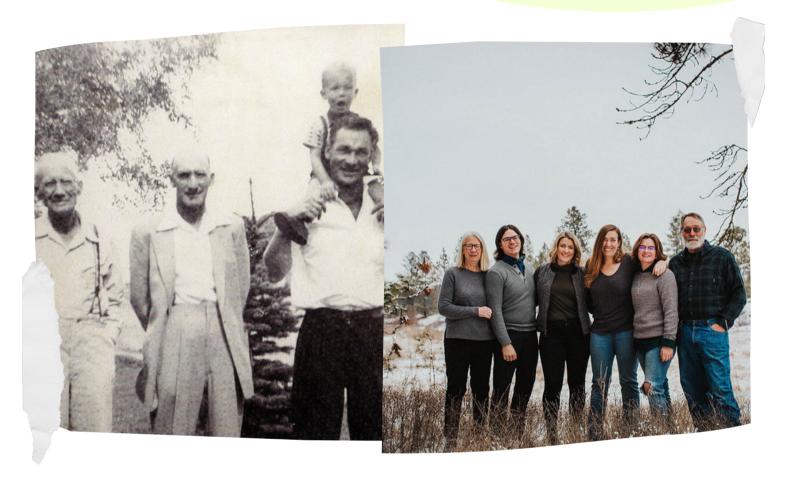
### **About Lazy R Ranch**

The Lazy R Ranch is nestled in the channeled scablands ponderosa forest and rich sub irrigated meadows of the West Plains, just west of Spokane, WA. The ranch is part of the ancestral homeland of the Spokane Tribe. Today the Spokane Tribe lives on 159,000 acres in Wellpinit, Washington, and continues to contribute to the larger community of Spokane, Washington. The Spokane Tribe seeks to preserve, protect, manage and enhance the long-term sustainability of the natural resources for present and future generations through an interdisciplinary process by developing and implementing best management practices.









After losing their small farm in Endicott, WA during the Great Depression, Earl, Louella, their three children, and their small herd of milk cows established the Lazy R Ranch in 1937. In 1950, their son Gene purchased the ranch and happily converted from milk cows to beef. Then, in 1981, Gene's son, Maurice moved back home to the ranch in 1981, and he and his wife, Ellen, put their savings into 20 heifers. Today the four generation ranch is operated together by Maurice and his oldest daughter, Beth. None of this would have been possible without the tireless work of the many strong women who have helped work the ranch, whether feeding harvest crews, working a town job to keep things afloat, or involved hands-on in day to day management.







#### **Production Practices**

#### **Holistic management**

Holistic Management was developed by Allan Savory in the 1950's in Rhodesia (present day Zimbabwe) as a way to manage grazing animals based on the grazing behavior of wild ruminants. It is a values-based decision-making process that helps producers (and anyone else) work towards achieving their desired quality of life and future resource base/landscape.

## Holistic Management is based on four key insights:

- 1. Nature functions in wholes.
- 2. All environments are different.
- 3. Time is more important than numbers.
- 4. Livestock, properly managed, can heal the land













Using a process called planned grazing, Lazy R puts animals at the right place, at the right time, for the right reasons, mimicking natural processes. Grasslands developed in symbiosis with large herds of ruminants, and in nature, the moisture and bacteria that exist in the rumen of grazing animals is essential to the breakdown and cycling of nutrients. By timing when and where their herd is, they build topsoil and invigorate grass growth, which sequesters carbon. Lazy R has have tripled organic soil carbon since 1996.



20811 W. SALNAVE RD., CHENEY, WA, 99004 | tel: 509-990-4247, for sales: beth@lazyrbeef.com, to chat: maurice@lazyrbeef.com







#### Resources

#### University/Extension Beef Cattle, Forages, and Pastures

- WSU Beef Cattle
- WSU Forage/Pastures
- OSU Beef Cow Management Guide
- University of Idaho Beef and Forage Resources
- WSU Livestock Mortality Composting
- WA Dept of Ecology Livestock Composting

#### **Holistic Management**

• <u>Savory Institute</u> (including TED talk)

#### **Agroforestry**

- WSU Agroforestry for Small Farms
- NRCS Agroforestry
- Pacific Northwest Agroforestry Working Group

#### **Silvopasture**

USDA Silvopasture

Converting a Pasture to a Silvopasture in the Pacific Northwest

• Six Key Principles for a Successful Silvopasture

#### Want to Search for More?

WSU Publications - https://pubs.wsu.edu WSU Extension: https://extension.wsu.edu







# FARM WALKS

#### 2023 Schedule



NIAL WHEAT FLOUR

**Tieton Cider Works - May 22nd** 12pm-4pm Tieton, WA

Apple to Glass Cider Production Producción de manzana a sidra Interpretación en español disponible

**Long Hearing Farm - Aug. 14th** 12pm-4pm Rockport, WA

Land Succession with Organic Production

Lazy R Ranch - Sept. 11th 12pm-4pm Cheney, WA

Agroforestry and Livestock Mortality Composting

Chimacum Valley Grainery - Oct 26th 12:30-4:30
As part of the Tilth Conference, Chimacum, WA
Land to loaf: Grain growing, milling, malting, making
and baking

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